Getting the most out of your Lectures and Tutorials:

Dr. Janice Newton
Interim Master, Vanier College
Certified Listening Professional, International Listening Association
Overview: Listening in Lectures

A. The Research on Listening: HURIER

B. Top ten things you can do:
   i. Before
   ii. During
   iii. After

C. Note-taking
A. Understanding Listening:

HURIER:

H  Hearing (accidental, involuntary, effortless)
U  Understanding
R  Remembering
I  Interpreting
E  Evaluating
R  Recall

From Judi Brownell, *Listening: Attitudes, Principles and Skills*
B. Before a lecture:

1. Be ready to listen: well rested, nourished and...
B. ii Review prior knowledge...
B. iii. Minimize Distractions:
- turn off cell phones and computers...
B. iv Sit close to the speaker

![Image](https://via.placeholder.com/150)

LISTEN WELL ALL OF YOU...

WE WILL TAKE OVER THE WORLD AS SOON AS YOU FINISH YOUR DINNER
C.i. During the Lecture

4. Focus on the **BIG** picture
C ii: Look for Speaker’s Structure

What’s the Big Picture? Could be:

- Outline
- Sequence
- Chronological
- Idea, Examples
- Idea, Counterpoint
- What to listen for: Poetry, prose,
- ....
C. iii: Seek first to understand
C. iv: Use Self Talk

- Speed of listening = 10 times faster than speech
- Use that gap to mentally review
C. v: Write Your Notes = improved memory & recall
C. vi: Notetaking Style: Use one that suits you
D. i: Self test after the lecture
D. ii. Seek Clarification
Be brave!

- Tutor
- HUMA Peer Mentors (121 Vanier College)
- Professor, tutor...
- E-mail questions
- Discuss with class mates
- Raise issues in tutorials
References:

- Stephen Covey, “Seek First to Understand, Be Understood,” *The Seven Habits of Highly Successful People*.
Thank you for listening!

Please complete the evaluation form....